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# **Pain : Clinical Manual**





#### Synopsis

PAIN: CLINICAL MANUAL provides practical tools and guidelines for treating patients' pain in all clinical settings and age groups. This useful resource features ready-to-use, reproducible pain rating scales, guidelines, forms, and patient medication information handouts. Comprehensive pharmacologic chapters discuss the three groups of analgesics, dose titration, drug combinations, routes of administration, and prevention of side effects. Additionally, it includes pain rating scales in over 20 languages and quick guides with illustrations of selected pain problems. PAIN: CLINICAL MANUAL is a valuable resource for anyone who cares for patients with pain.\* Provides ready-to-use forms and recommendations for pain care committees to assist health care facilities to prepare for JCAHO inspections. \* Includes two FREE pocket-size, laminated cards: equianalgesic charts to assist clinicians with dose calculations when changing routes of administration or analgesics, and dosing guides to commonly used adjuvants and nonopioids. \* Includes FREE access to Mosby's PAIN WEBSITE. \* The most clinically useful book ever published on pain, written by authorities who helped establish the pain management movement. \* Includes 11 new chapters and five expanded and updated chapters to provide the most accurate, up-to-date, and comprehensive pain management information. \* Includes icons to alert the reader to important, need-to-know information, such as pediatric content, patient examples, and reproducible material. \* Features over 200 boxes and tables to help quickly locate key information and apply complex concepts at the bedside. \* Presents a unique, multidisciplinary perspective. \* Provides ready-to-use, practical, proven, and reproducible tools, pain assessment and documentation forms, and guides to analgesic use. \* Contains patient information handouts on analgesics and nondrug methods of pain relief to educate the patient/family/caregiver about the patient's specific pain management. \* Includes reproducible key policies, procedures, and protocols to assist the clinician in implementing patient focused interdisciplinary pain management. \* Presents pharmacology content in four chapters - the three analgesic groups and an overview of how to combine them - to provide a readily understandable reference and practical resource. \* Includes quick guides with illustrations of selected pain problems, such as pain related to sickle cell disease, peripheral neuropathy, and fibromyalgia. \* Contains pain rating scales in over 20 languages to enhance patient/clinician communication in culturally diverse populations.

### **Book Information**

Series: Pain: Clinical Manual (McCaffery) (Spiral) Spiral-bound: 795 pages Publisher: Mosby; 2 edition (February 15, 1999) Language: English ISBN-10: 081515609X ISBN-13: 978-0815156093 Product Dimensions: 8.8 x 1.2 x 10.8 inches Shipping Weight: 3.4 pounds (View shipping rates and policies) Average Customer Review: 4.9 out of 5 stars 18 customer reviews Best Sellers Rank: #386,933 in Books (See Top 100 in Books) #33 in Books > Textbooks > Medicine & Health Sciences > Nursing > Clinical > Oncology #46 in Books > Medical Books > Nursing > Oncology #104 in Books > Textbooks > Medicine & Health Sciences > Nursing > Clinical > Nurse & Patient

#### Customer Reviews

Margo McCaffery, RN, MS, FAAN; Chris Pasero, RN, MSNc

"PAIN: Clinical Manual" 2nd edition, is a book that should be thoroughly read (and used) by health care providers who deal with pain patients. This book addresses many myths and misconceptions surrounding pain, and explains the mechanisms of pain. It supplies pain management techniques, both medicinal and non-medicinal. The text and charts are comprehensive and clear. I appreciate the permissions for use of the charts, and will be using them for pain assessment in clincial studies. Education in pain assessment and management is generally lacking in medical education. This book supplies much of that needed knowledge. My thanks to the authors.

Ten years + ago I took a class in Pain management where McCaffrey's first book was the text. It was an incredible learning experience. Imagine, physcians prescribe less pain medication than needed to resolve pain and nurses give about half that amount. Why? Because as a society we are fearful of addiction and we make judgements about people who have difficulty handling pain. We don't realize the true cost of 'toughing' it out. This book is comprehensive and readable. Ms. McCaffrey et al make their case for intelligent pain control rather than knee jerk reactions. By far a blue ribbon winner in this category.

Good book with a lot of great info.

GREAT BOOK! I purchased this book for school, and I heard they are releasing a new edit. I have had some thought of purchasing the new one just have it on hand....I believe it would have more current up to date info! I have learned TONS from this book. It is BIG and sort of intimidating....but once I really read and sorted through the information I learned how much I truly loved this book, the information in it, and the authors!! I also LOVED my pain class!

OUTSTANDING reference material on pain and pain management. Should be a part of every physician's library.

Absolutely the most complete and best resource for pain management. A must for any clinician interested in pain management. McCaffery is a recognized and respected nursing expert in pain management and shares her knowledge and expertise in this manual with concise information and many reproducible materials that can be used in clinical practice. As a nurse educator and hospice nurse, this manual is my bible for teaching about pain management and managing pain in my patients.

Great book should have read it years ago

Very complete, organized and informative. The book was in great condition. This will help in passing the Pain Certificate test.

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